

「Waterway@Punggol」 Charity Walk 榜鹅水道慈善步行活动

榜鹅水道慈善步行活动，既可运动身体又能帮助有需要的人士，回馈社会，发挥互助互爱精神，家人或亲朋相聚同游榜鹅新镇，欣赏全新设计人工水道，享受美好濒水风光。

【简单介绍榜鹅水道】

从榜鹅地铁站走到榜鹅水道活动区的路程只需要短短的五分钟。为期两年半兴建的榜鹅水道，于 2011 年 10 月 23 日正式落成，并由李总理主持开幕仪式。它衔接实龙岗蓄水池和榜鹅蓄水池，全长 4.2 公里，是本地最长的人工水道。

水道两旁设有步行道和脚踏车道。如果以 1 分钟 75m 的速度漫步，全程估计在 2 个小时内完成。在水道的最东边，公众能够以漂浮湿地和淡水红树林为背景观赏日出，别有一番风味。水道的中部是市镇公园，公众可在这里进行水上活动、使用健身设施，以及在 65m 长的栈道步行，与水道近距离接触。沿着水道再往西去，有一个 280m 长的“水帘壁” (Heartwave Wall)，景色相当壮观。走到榜鹅水道西部的尾端，就是榜鹅蓄水池了。这里有一座造型像颗宝石的行人桥，这座桥最迷人的地方是，可以在这里饱览毫无阻挡的夕阳景色。新加坡一个新的休闲地，让国人能恣意享受濒水风光！

** 敬希会员朋友们踊跃报名参加，所收取的款项将全数捐赠“体障人士协会” Society for the Physically Disabled 。



关于体障人士协会

体障人士协会(简称 SPD) 是一个自愿的福利组织，为促进体障人士的兴趣，福利和提升，特别通过与体障人士的合作

关系去充分开发他们的潜能。通过一些课程和服务，其中包括修复，职业技巧和电脑培训，教育支持，聘请，适用于残障人科技，日间护理和社会支持，我们追求体障人士能够依靠自己和独立自主。更多资料，请查询我们的网站：www.spd.org.sg



慈善活动参加费用：	每名参加者 S\$10 或 以上捐款
举办日期 / 时间：	2012 年 4 月 7 日 (星期六) 早上 9 时正
集合地点：	A: 榜鹅地铁站出口 Punggol MRT Exit B: 自驾车: Car Park @ Sentul Crescent, Punggol
报名或查询：	填妥后页报名表格，或电 64409237 / info@kowloonclub.org.sg 查询。



[Photo Link:](#)

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「Waterway@Punggol」 Charity Walk 榜鵝水道慈善步行活动

“Waterway@Punggol” Charity Walk. This activity is not only a healthy exercise, we shall also help the needy and contribute to the society. Come to explore the new Punggol Town and enjoy the beautiful waterfront scenery, the artificial waterways along with your family and friends.

About Waterway@Punggol

It is only a 5 minutes walk from Punggol MRT to Punggol Promenade. After two and a half year construction, the waterway was inaugurated by Prime Minister Lee on 23 October 2011. The waterway connects Serangoon Reservoir and Punggol Reservoir. It is 4.2 KM long and it is the longest man made waterway in Singapore. There are walking trails and bicycle paths on both sides of the waterways. With 75 meters per minute walking speed, it will only take 2 hours to complete the journey. Visitors will be able to watch the sunrise with wetland and mangroves background at the most eastern side of the waterway. The Central Town Park is situated at the centre of the waterway where public can enjoy water and fitness facilities. There is also a 65 meters long “Waterway” where visitors will have close encounter with the water. Further west, there is a 280 meters long “Water Curtain Wall” (Heartwave Wall). At the most western part of the passage, it is the Punggol Reservoir where there is a bridge with jewel like shape. It is the most charming place to watch the sunset. Waterway@Punggol is the newest leisure place where the visitor can enjoy the wonderful waterfront scenery.

** Please joint this charity activity, all proceeds will be donated to “ Society for Physically Disabled ”.



About the Society for the Physically Disabled

The Society for the Physically Disabled (SPD) is a voluntary welfare organisation that promotes the interest, welfare and advancement of people with disabilities, in particular working in partnership with

people with physical disabilities to develop their potential to the fullest. Through programmes and services that encompass rehabilitation, vocational skills and IT training, educational support, employment, assistive technology, day care and social support, we seek to enable people with disabilities to be self-reliant and independent. For more information, please visit www.spd.org.sg.



Charity Walk Fee :	Each Participate S\$10 or above donation
Date / Time:	April 7, 2012 (Saturday) 9:00 am
Assemble Place :	A: at Punggol MRT Exit B: Self Drive : Car Park @ Sentul Crescent, Punggol
Register or Enquiry:	Please fill in the form and follow the payment instruction. For enquiry, call 6440 9237 / info@kowloonclub.org.sg .

报名表 Registration Form

Please fill in the form, mail back together with a crossed check payable to “ **Kowloon Club** ” or a receipt after fund transfer via ATM or Internet Banking to DBS Current Account: **001-039936-5**, by email info@kowloonclub.org.sg or fax 63484020. Please call 64409237 or email us for enquiry. Thanks!

请填写报名表，邮寄划线支票及收款人写 **Kowloon Club**，或现金转账以 ATM 或 Internet 付款至本会银行账户 **DBS Current Account: 001-039936-5**，连同付款收据及表格电邮或传真至本会。如有查询，请致电向本会职员查询。谢谢！

Name 姓名: _____ Membership No. 会员编号 (If have 如有): _____

Email 电邮: _____ Handphone 手机: _____

Activity Name 活动名称	Date 日期	No. of Participate 参加人数	Each 每位 S\$	Amount 金额 S\$
“ Waterway@Punggol ” Charity Walk 榜鵝水道慈善步行活动	07/04	MRT 地铁站 / Self Drive 自驾车	S\$ 10.-	
			Others S\$	
Bank 银行:		Cheque No. 支票号码:	Total Amount 金额: S\$	
Payment 付款资料				